

Strongsville Soccer Club
In-House Girls League Rules – Spring 2024

Age Group	U7/U8	U10	U13
Ball Size	#4	#4	#5
Equipment	Shinguards & socks covering the shinguards. No earrings, jewelry, baseball cleats, or anything else considered dangerous by the referee.		
Field Size	Small	Junior	Junior
Players on field per team	6 + GK	8 + GK	9 + GK (may change to 8+GK if congested)
Period Length	25 Min.	30 Min.	30 Min.
Break Lengths	5 minutes between halves		
Coaches (No coaches on field!)	3 Max	3 Max	3 Max
Next to goal (Off of field)	1	0	0
Corners	Short	Normal	Normal
Offsides (No cherry picking U07/U08)	No	Normal	Normal
GK playing time	1 Half	1 Half	Full Game
GK possession	Control Ball	Normal	Normal
Penalty kicks	No	Normal	Normal
Throw-ins	1 Retake	Normal	Normal
Player time	All players should play equal time		
Score kept	Yes	Yes	Yes
Heading the Ball	No	No	During Games /Not at practice
Build Out Line (Blue) for Goal Kicks	Yes		

Coaches for all teams must be on the opposite side of the field from the spectators.

General Rules

Substitutions With the referee’s permission and:

1. At own throw-in or if other team substitutes on their throw-in.
 2. After a goal or before a goal kick.
 3. At an injury on a one-for-one basis.
 4. Any player who receives a yellow card must be substituted out for at least one play.
- For U07/U08, ball is dead when keeper controls the ball with their hands or body.
 - U7/U8 on goal kicks all players on opposing team are behind the build out line (Blue) until ball is out of the goal-box.
 - Restart for U07/U08 is a punt or throw from top of the box.
 - For all ages slide tackles on & off the ball result in an indirect kick to the other team.
 - Coaches must exhibit good sportsmanship and conduct themselves in a proper manner. Only positive and encouraging comments from coaches and parents are expected.
 - Arguing with the referee, opposing team or spectators about any matter by coaches or parents is not allowed.
 - All red cards carry a one game suspension for coaches or players.
 - Two red cards in the same season carry a season suspension.
 - The number of players on the field is based on the availability of players. Please play up or down based on the best interest of the players and good sportsmanship.

Have Fun!!!

**Remember
the game is
for the kids**