

Strongsville Soccer Club
In-House Girls League Rules – Fall 2018

| Age Group | U7/U8 | U10 | U13 | U16 |
|---|--|---------|---------------------------------|----------|
| Ball Size | #4 | #4 | #5 | #5 |
| Equipment | Shinguards & socks covering the shinguards. No earrings, jewelry, baseball cleats, or anything else considered dangerous by the referee. | | | |
| Field Size | Small | Junior | Full | Full |
| Players on field per team | 7 + GK | 9 + GK | 10 + GK | 10 + GK |
| Period Length | 25 Min. | 30 Min. | 30 Min. | 30 Min. |
| Break Lengths | 5 minutes between halves | | | |
| Coaches (No coaches on field!) | 3 Max | 3 Max | 3 Max | 3 Max |
| Next to goal (Off of field) | 1 | 0 | 0 | 0 |
| Corners | Short | Normal | Normal | Normal |
| Offsides (No cherry picking U07/U08) | No | Normal | Normal | Normal |
| GK playing time | 1 Half | 1 Half | 1 Half | No Limit |
| GK possession | Control Ball | Normal | Normal | Normal |
| Penalty kicks | No | Normal | Normal | Normal |
| Throw-ins | 1 Retake | Normal | Normal | Normal |
| Slide tackles (U16 - If not dangerous!) | No | No | No | Yes |
| Player time | Every player must play half of each individual game. | | | |
| Score kept (Max spread of 4) | Yes | Yes | Yes | Yes |
| Heading the Ball | No | No | During Games Not at practice | Normal |

General Rules

Substitutions

With the referee's permission and:

- i. At own throw-in or if other team substitutes on their throw-in.
- ii. After a goal or before a goal kick.
- iii. At an injury on a one-for-one basis.
- iv. Any player who receives a yellow card must be substituted out for at least one play.

- For U07/U08, ball is dead when keeper controls the ball with their hands or body.
- Restart for both U07/U08 is a punt or throw from top of the box.
- For all ages below U16, slide tackles on & off the ball result in an indirect kick to the other team.
- Coaches must exhibit good sportsmanship and conduct themselves in a proper manner. Only positive and encouraging comments from coaches and parents are expected.
- Arguing with the referee about any matter by coaches or parents is not allowed.
- All red cards carry a one game suspension for coaches or players.
- Two red cards in the same season carry a season suspension.
- The number of players on the field is based on the availability of players. Please play up or down based on the best interest of the players and good sportsmanship.
- Rainouts or game cancellations may impact the standings.

Updated 8/17/18